

What's my size?

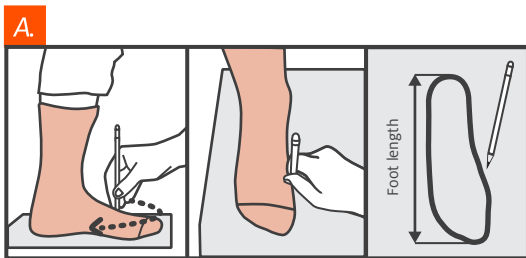
Accurate measuring is vitally important to choose the right size.

To choose your size we recommend you to follow the instructions below. **It is suitable to make with the help of another person.** Before you start, please take a minute to read through all the instructions, so you can proceed to a correct measuring and to achieve the best fit.

The measurement should be made at the end of the day when your feet are dilated and with socks on. Be seated while making the measurement.

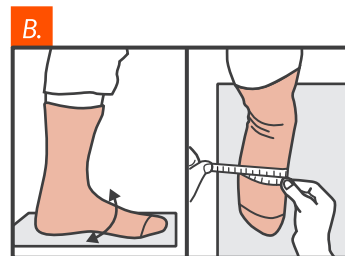
A. FOOT LENGTH:

1. Put on your **socks** and pull them snug.
2. Put the **paper sheet** on the floor and put one foot on the paper.
3. With a **pencil**, trace carefully around your foot, creating an outline. Make sure that the pencil is always perpendicular to the sheet. Repeat the procedure for the other foot.
4. With a **ruler**, measure the length of each foot. Take 5 mm out (which is the size of the pencil) and record the length of the longest foot.



B. INSTEP:

1. Place the **measuring tape** around the instep. Pull it snug, not tight. In case you don't have a measuring tape, place a **thread** around your instep and measure the result with the ruler.
2. Measure around the instep of each foot and record the larger one.



Watch your results and compare them with the table below. Select your size according to the highest measure you got.

Shoe size			Foot length		Instep	
EUR	UK	US	Inch	cm	Inch	cm
35	3	5	8,69	22,3	8,52	21,85
36	4	6	8,97	23	8,67	22,25
37	4,5	6,5	9,24	23,7	8,83	22,65
38	5,5	7,5	9,47	24,3	8,98	23,05
39	6,5	8,5	9,75	25	9,14	23,45
40	7	9	10,02	25,7	9,30	23,85
41	8	10	10,25	26,3	9,45	24,25
42	8,5	10,5	10,53	27	9,61	24,65
43	9,5	11,5	10,8	27,7	9,76	25,05
44	10	12	11,03	28,3	9,92	25,45
45	11	13	11,31	29	10,08	25,85
46	12	14	11,58	29,7	10,23	26,25