

What's my size?

Accurate measuring is vitally important to choose the right size.
To choose your size we recommend you to follow the instructions below.



1. Put on your socks and pull them snug. Put the paper sheet on the floor and put one foot on the paper.



2. With a pencil, trace carefully around your foot, creating an outline. Make sure that the pencil is always perpendicular to the sheet. Repeat the procedure for the other foot.
With a ruler, measure the length of each foot. Take 5 mm out (which is the size of the pencil) and record the length of the longest foot.



3. Place the measuring tape* around the instep. Pull it snug, not tight. Measure around the instep of each foot and record the larger one.

*In case you don't have a measuring tape, place a THREAD around your instep and measure the result with the ruler.

Find your perfect BLOC's

EUR	UK	US	Foot Length (inch/cm)	Instep (inch/cm)
34/35	2,5	4,5	8,52 / 21,85	7,99 / 20,50
36	3,5	5,5	8,91 / 22,85	8,22 / 21,10
37	4,5	6,5	9,18 / 23,55	8,38 / 21,50
38	5,5	7,5	9,43 / 24,20	8,54 / 21,90
39	6	8	9,69 / 24,85	8,65 / 22,20
40	7	9	9,96 / 25,55	8,81 / 22,60
41	7,5	9,5	10,21 / 26,20	8,93 / 22,90
42	8,5	10,5	10,43 / 27,45	9,32 / 23,90
43	9	11	10,68 / 28,10	9,55 / 24,50
44	10	12	10,93 / 28,75	9,71 / 24,90
45	10,5	12,5	11,21 / 29,45	9,86 / 25,30
46/47	12	14	11,6 / 30,45	10,08 / 25,85